

Sample Week-Long Sail Itinerary:

This is a typical itinerary for our week-long St. Martin / St. Maarten sailing course. The itinerary may vary depending on weather conditions, seas, and the captain's discretion.

- **Saturday:**
Board the boat at 3pm. Begin with orientation, provisioning, boat systems, and safety procedures. You'll spend the evening at the marina, with dinner ashore, allowing you to relax after boat preparation and get to know your fellow students and the captain.
- **Sunday:**
Start the day with a couple of hours of academic instruction, followed by sailing up the west coast of St. Maarten. Learn and practice boat handling, Rules of the Road, VHF radio operation, and bridge procedures. After a stop for lunch at Happy Bay, the afternoon will focus on boat handling and sailing before anchoring at Grand Case. One student will take on chef duties, and another will assist in the galley, with these roles rotating each day.
- **Monday:**
Morning class will involve checking weather reports, chart plotting, and planning the day's course. Sailing drills will include tacking, jibing, and crew overboard recovery. After a morning of sailing, you'll anchor at Tintamarre Island, allowing time to relax before preparing dinner.
- **Tuesday:**
After breakfast, it's back to sailing and more drills before anchoring at Pinel Island for the evening.
- **Wednesday:**
Cross the channel to Anguilla and sail up the coast to Road Bay. Morning drills focus on boat handling, with the afternoon free for beach time and relaxation.
- **Thursday:**
Sail up the coast to Rendezvous Bay, Anguilla, before returning to St. Maarten and anchoring again at Grand Case. Enjoy a relaxing dinner ashore in the evening.
- **Friday:**
The final day of sailing includes review drills and tests while sailing back to Simpson Bay. The instructor will review your logbook and sign off on your achievements. After cleaning up the boat, there will be time for showers and a farewell dinner ashore.
- **Saturday:**
Final clean-up and goodbyes as you depart the boat by 10am.